

# fruititude

Where Great Flavor and Good Health Meet

## SIGNATURE JUICE BLENDS 12 oz or 16 oz

### Mean Green

Cucumber, kale, spinach, green apple, celery

### Green Hawaiian

Mean Green, pineapple

### Spring Fever

Mean Green, green apple, lemon, agave

### Afterburn

Orange, carrot, lemon, jalapeno, ginger

### Doctor's Order

Orange, kale, lime, mint

### The Beet

Red beet, red apple, carrot, orange, lemon

### Root Twist

Carrot, green apple, lime, ginger

## SMOOTHIES 16 oz

### PB&P (Peanut Butter & Protein)

Natural peanut butter, banana, almond milk, protein powder, dark chocolate

### Tropical Smoothie

Pineapple, banana, mango, coconut milk, apple juice, agave

### Spinberry Smoothie

Strawberries, blueberries, spinach, coconut milk, agave

### Green Smoothie

Mean Green juice, pineapple, banana, honey Greek yogurt

### Banana Date

Banana, dates, rice milk, almond butter, sea salt

### BMB (Banana Matcha Basil)

Banana, organic matcha, basil, coconut milk, honey Greek yogurt, agave

### Pineapple Chill

Pineapple, pineapple juice, spinach, mint



## TEA & JUICE INFUSIONS 16 oz

### Tahitian Green Punch

Tahitian green tea, pineapple juice, orange juice, ginger, agave

### Ginger Peach Julep

Ginger Peach tea, orange juice, mint, agave

### Matcha Lemonade

Organic matcha, housemade lemonade, ginger, agave

### Ms. Palmer

Earl Grey tea, housemade lemonade, lavender syrup

## SIMPLY JUICE 12 oz or 16 oz

Carrot

Beet

Orange

Pineapple

Apple

## ADD INS

Avocado

Chia Seeds

Ginger

Organic Matcha

Whey Protein Powder

## HOT BELGIAN WAFFLE

Belgian waffle

with gelato & chocolate

NORDSTROM

Nordstrom Southcenter

100 Southcenter Shopping Center, Tukwila, WA 98188

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