| | SERVING SIZE (G) | CALORIES | CALORIES FROM FAT | FAT (G) | SATURATED FAT (G) | TRANS FAT (G) | CHOLESTEROL (MG) | SODIUM (MG) | CARBOHYDRATES (G) | FIBER (G) | SUGARS (G) | PROTEIN (G) | VITAMIN A (%DV) | VITAMIN C (%DV) | CALCIUM (%DV) | IRON (%DV) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| SOUPS (*Includes Crostini*) | | | | | | | | | | | | | | | | |
| **Crab Bisque - Cup** | 170 | 400 | 299 | 33 | 20 | 0 | 121 | 691 | 18 | 1 | 3 | 8 | 30 | 14 | 12 | 9 |
| **Crab Bisque - Bowl** | 340 | 730 | 563 | 63 | 37 | 0 | 232 | 1307 | 29 | 2 | 6 | 13 | 57 | 29 | 20 | 14 |
| **French Onion Soup** | 426 | 710 | 326 | 36 | 17 | 0 | 73 | 3150 | 60 | 7 | 16 | 37 | 107 | 46 | 65 | 25 |
| STARTERS | | | | | | | | | | | | | | | | |
| **Ahi Tuna Poke** | **281** | **400** | **120** | **13** | **1** | **0** | **51** | **1406** | **31** | **4** | **4** | **36** | **9** | **26** | **10** | **23** |
| **Caesar Salad** | 160 | 310 | 222 | 25 | 6 | 0 | 26 | 508 | 13 | 4 | 4 | 12 | 230 | 37 | 32 | 12 |
| **Cilantro Lime Chicken Tacos** | 255 | 610 | 349 | 39 | 8 | 0 | 91 | 492 | 49 | 4 | 5 | 22 | 75 | 72 | 26 | 16 |
| **Crab Stack** | 336 | 470 | 192 | 21 | 3 | 0 | 55 | 450 | 54 | 5 | 13 | 19 | 24 | 56 | 12 | 23 |
| **Crisp Calamari** | 263 | 520 | 173 | 19 | 3 | 0 | 468 | 689 | 50 | 2 | 22 | 35 | 6 | 17 | 14 | 14 |
| **Grilled Farm Bread Bruschetta** | 220 | 470 | 306 | 34 | 11 | 0 | 45 | 434 | 23 | 2 | 1 | 16 | 45 | 55 | 41 | 7 |
| **Maple Bacon Deviled Eggs** | 125 | 340 | 230 | 26 | 7 | 0 | 515 | 461 | 10 | 0 | 7 | 16 | 19 | 5 | 9 | 9 |
| **Mediterranean Hummus** | 341 | 780 | 289 | 32 | 6 | 0 | 13 | 972 | 95 | 12 | 6 | 23 | 10 | 10 | 27 | 38 |
| **Peppered Steak Poutine** | 299 | 870 | 429 | 48 | 18 | 0.5 | 101 | 1109 | 58 | 4 | 3 | 31 | 13 | 19 | 32 | 20 |
| VEGETABLES | | | | | | | | | | | | | | | | |
| **Bistro French Fries w/ Kalamata Aïoli** | 244 | 710 | 419 | 47 | 8 | 0 | 10 | 1072 | 66 | 5 | 4 | 5 | 2 | 24 | 1 | 12 |
| **Blistered Szechuan Green Beans** | 185 | 190 | 84 | 9 | 5 | 0 | 20 | 1157 | 24 | 5 | 12 | 4 | 26 | 30 | 8 | 11 |
| **Brick Oven Brussels Sprouts** | 204 | 240 | 152 | 17 | 9 | 0 | 37 | 356 | 20 | 8 | 4 | 7 | 40 | 287 | 10 | 16 |
| **Grilled Asparagus w/Lemon Zest** | 176 | 70 | 41 | 4.5 | 0.5 | 0 | 0 | 34 | 7 | 4 | 3 | 4 | 26 | 17 | 4 | 20 |
| **Roasted Cauliflower Agrodolce** | 235 | 520 | 387 | 43 | 23 | 0 | 91 | 577 | 29 | 7 | 13 | 9 | 27 | 252 | 13 | 12 |
| SALADS (*Includes Dressing*) | | | | | | | | | | | | | | | | |
| **Caesar Salad with Roasted Chicken** | 388 | 680 | 425 | 47 | 11 | 0 | 148 | 806 | 21 | 6 | 6 | 44 | 375 | 44 | 44 | 27 |
| **Cilantro Lime Shrimp** | 414 | 560 | 334 | 37 | 6 | 0 | 187 | 1010 | 32 | 5 | 8 | 28 | 130 | 46 | 13 | 12 |
| **Fresh Berry & Fig** | 316 | 560 | 360 | 40 | 6 | 0 | 25 | 175 | 53 | 10 | 37 | 12 | 45 | 81 | 21 | 16 |
| **Ginger Crusted Ahi Tuna** | 265 | 460 | 211 | 23 | 2.5 | 0 | 35 | 554 | 32 | 5 | 15 | 25 | 74 | 53 | 14 | 32 |
| **Nicoise Salad with Wild Salmon** | 497 | 560 | 326 | 36 | 5 | 0 | 242 | 776 | 27 | 6 | 6 | 36 | 127 | 63 | 14 | 26 |
| **Pan Seared Chicken Paillard** | 466 | 590 | 317 | 35 | 11 | 0 | 255 | 295 | 11 | 3 | 4 | 58 | 44 | 75 | 16 | 24 |
| **Warm Asian Glazed Chicken** | 397 | 620 | 273 | 30 | 4 | 0 | 120 | 865 | 48 | 6 | 18 | 38 | 186 | 85 | 17 | 37 |
| SANDWICHES (*Includes Bistro French Fries & Kalamata Olive Aïoli*) | | | | | | | | | | | | | | | | |
| **Bazille Burger** | 544 | 1530 | 949 | 105 | 31 | 2.5 | 231 | 1601 | 90 | 6 | 14 | 53 | 15 | 25 | 33 | 46 |
| **Bistro Club** | 507 | 1200 | 712 | 79 | 16 | 0 | 134 | 1767 | 80 | 8 | 10 | 43 | 20 | 45 | 9 | 34 |
| **Crispy Chicken Torta** | 497 | 1150 | 578 | 64 | 14 | 0 | 155 | 1618 | 104 | 8 | 9 | 39 | 25 | 36 | 10 | 37 |
| **Croque Madame** | 474 | 1310 | 799 | 89 | 33 | 0 | 364 | 2108 | 73 | 4 | 6 | 52 | 33 | 15 | 87 | 31 |
| **Prime Rib French Dip** | 617 | 1550 | 937 | 104 | 38 | 2.5 | 219 | 2701 | 93 | 6 | 8 | 65 | 26 | 22 | 56 | 55 |
| **Turkey Pastrami w/ Apple Mostarda** | 424 | 1350 | 626 | 70 | 19 | 0 | 182 | 1597 | 112 | 7 | 28 | 66 | 48 | 40 | 38 | 46 |

| | SERVING SIZE (G) | CALORIES | CALORIES FROM FAT | FAT (G) | SATURATED FAT (G) | TRANS FAT (G) | CHOLESTEROL (MG) | SODIUM (MG) | CARBOHYDRATES (G) | FIBER (G) | SUGARS (G) | PROTEIN (G) | VITAMIN A (%DV) | VITAMIN C (%DV) | CALCIUM (%DV) | IRON (%DV) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| HANDMADE PIZZA | | | | | | | | | | | | | | | | |
| **Margherita** | 438 | 780 | 276 | 31 | 14 | 0 | 67 | 822 | 88 | 4 | 4 | 36 | 30 | 19 | 65 | 4 |
| **Pepperoni & Mushroom** | 405 | 970 | 438 | 49 | 19 | 0 | 103 | 1449 | 90 | 6 | 4 | 42 | 17 | 13 | 51 | 14 |
| **Prosciutto & Arugula** | 380 | 970 | 433 | 48 | 21 | 0 | 135 | 1574 | 87 | 4 | 3 | 48 | 48 | 13 | 67 | 8 |
| ENTREES | | | | | | | | | | | | | | | | |
| **Crab Macaroni & Cheese** | 414 | 830 | 456 | 51 | 28 | 0 | 241 | 775 | 58 | 1 | 2 | 31 | 43 | 17 | 48 | 23 |
| **Flat Iron Steak Frites** | 538 | 1290 | 799 | 89 | 26 | 1 | 219 | 1117 | 59 | 5 | 5 | 56 | 19 | 29 | 6 | 48 |
| **Grilled Skirt Steak Churrasco** | 682 | 1020 | 592 | 66 | 22 | 1 | 212 | 544 | 54 | 6 | 16 | 57 | 83 | 447 | 22 | 38 |
| **New York Strip Steak** | 668 | 1240 | 771 | 86 | 28 | 3.5 | 292 | 770 | 40 | 7 | 13 | 77 | 24 | 71 | 10 | 69 |
| **Roasted Chicken Pommes Frites** | 696 | 1730 | 1125 | 125 | 35 | 0 | 355 | 1401 | 61 | 6 | 5 | 84 | 25 | 50 | 9 | 34 |
| **Sauteed Chicken & Angel Hair Pasta** | 571 | 880 | 518 | 58 | 21 | 0 | 223 | 508 | 50 | 4 | 5 | 41 | 91 | 50 | 14 | 37 |
| **Shrimp Linguine w/ Spicy Tom Sauce** | 518 | 680 | 337 | 37 | 11 | 0 | 266 | 1213 | 51 | 2 | 3 | 31 | 79 | 48 | 24 | 27 |
| **Wild Salmon w/ Medi Couscous** | 468 | 860 | 535 | 59 | 18 | 0 | 152 | 760 | 30 | 2 | 5 | 53 | 45 | 52 | 36 | 16 |
| KIDS' MENU (*Includes Side of Fruit & Raisins*) | | | | | | | | | | | | | | | | |
| **Chicken Fingers w/ BBQ Sauce** | 288 | 650 | 302 | 34 | 6 | 0 | 48 | 1019 | 75 | 3 | 25 | 15 | 3 | 28 | 2 | 13 |
| **Chicken Fingers w/ Ranch** | 288 | 690 | 393 | 44 | 8 | 0 | 54 | 936 | 61 | 3 | 13 | 16 | 3 | 28 | 3 | 13 |
| **Grilled Cheese Sandwich & Fries** | 266 | 670 | 247 | 27 | 12 | 0.5 | 55 | 1313 | 90 | 9 | 18 | 20 | 14 | 28 | 50 | 20 |
| **Macaroni & Cheese** | 300 | 630 | 325 | 36 | 19 | 0.5 | 111 | 840 | 70 | 8 | 13 | 15 | 25 | 24 | 35 | 26 |
| **Pasta with Tomato Sauce** | 325 | 380 | 83 | 9 | 1.5 | 0 | 4 | 578 | 73 | 10 | 15 | 12 | 7 | 43 | 11 | 31 |
| DESSERTS | | | | | | | | | | | | | | | | |
| **Apple Cobbler** | 389 | 830 | 277 | 31 | 19 | 0 | 95 | 132 | 134 | 6 | 99 | 8 | 18 | 14 | 7 | 11 |
| **Blueberry Almond Cake** | 227 | 730 | 391 | 43 | 18 | 0 | 125 | 129 | 77 | 6 | 56 | 13 | 15 | 11 | 16 | 14 |
| **Cheesecake with Sea Salt Caramel** | 217 | 770 | 505 | 56 | 32 | 0 | 296 | 444 | 58 | 0 | 54 | 11 | 44 | 0 | 15 | 6 |
| **Chocolate Banana Creme Brulee** | 283 | 930 | 642 | 71 | 43 | 0 | 455 | 69 | 67 | 4 | 50 | 9 | 51 | 11 | 17 | 37 |
| **Chocolate Paradise Cake** | 350 | 1170 | 602 | 67 | 31 | 0 | 192 | 360 | 138 | 8 | 103 | 13 | 31 | 1 | 20 | 45 |
| **Creme Brulee** | 192 | 640 | 456 | 51 | 30 | 0 | 418 | 58 | 42 | 1 | 37 | 6 | 44 | 7 | 12 | 6 |
| **Lemon Ricotta Shortcake** | 237 | 820 | 395 | 44 | 26 | 0 | 315 | 194 | 99 | 5 | 69 | 13 | 33 | 41 | 24 | 15 |
| **Maple Apple Cobbler** | 367 | 710 | 200 | 22 | 14 | 0 | 66 | 127 | 123 | 6 | 86 | 7 | 12 | 13 | 9 | 12 |
| **Pineapple Brown Butter Cake** | 214 | 970 | 416 | 46 | 28 | 0 | 218 | 223 | 129 | 2 | 86 | 12 | 32 | 19 | 17 | 20 |
| **Triple Berry Shortcake** | 395 | 930 | 384 | 43 | 26 | 0 | 177 | 391 | 126 | 8 | 52 | 14 | 33 | 101 | 25 | 30 |
| **S 'Mores Pot de Creme** | 307 | 1560 | 756 | 84 | 51 | 0 | 395 | 350 | 187 | 7 | 122 | 18 | 45 | 2 | 25 | 80 |
| **Sorbet & Gelato** | 170 | 310 | 122 | 14 | 9 | 0 | 60 | 75 | 38 | 0 | 38 | 6 | 0 | 0 | 0 | 0 |
| **Strawberry Blueberry Cobbler** | 388 | 730 | 275 | 31 | 19 | 0 | 94 | 121 | 109 | 5 | 74 | 8 | 17 | 155 | 8 | 14 |
| **Warm Choc Chip Cookie w/ Gelato** | 205 | 800 | 387 | 43 | 26 | 0 | 105 | 480 | 101 | 5 | 68 | 8 | 6 | 0 | 4 | 15 |
| **White Chocolate Bread Pudding** | 388 | 1570 | 972 | 108 | 65 | 0 | 526 | 305 | 134 | 3 | 95 | 21 | 71 | 18 | 47 | 20 |

2,000 calories a day is used for general nutrition advice but calorie needs vary

Bazille 02/17