#### KIDS MENU

#### GRILLED CHEESE SANDWICH

5.50 580 CAL

cheddar cheese, rustic white bread, french fries, seasonal market fresh fruit

# NATURAL ROAST MARY'S TURKEY BREAST SANDWICH 6.25 360 CAL

all natural turkey, lettuce, tomato, french fries, seasonal market fresh fruit

# FRESH BUTTERED NOODLES 5.25 310 CAL

angel hair pasta, butter and parmesan cheese

#### PANKO CRUSTED CHICKEN BREAST

6.25 420 CAL

all natural chicken in a light crunchy coating, french fries, seasonal market fresh fruit

# FARMERS MARKET GREEN SALAD †

5.25 80 CAL

greens fresh from the field, carrots, tomato, cucumber, choice of dressing

 $1,\!200$  to  $1,\!400$  calories a day is used for general nutrition advice for children ages 4 to 8 years and  $1,\!400$  to  $2,\!000$  calories a day for children 9 to 13 years, but calorie needs vary

Additional nutritional information available upon request † Gluten free.

\*Item is served or may be served undercooked. Consuming raw or undercooked meats, poultry, eggs, shellfish or seafood can increase your risk of foodborne illness, especially if you

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BAR VERDE IS COMMITTED TO BRINGING YOU FRESH, SUSTAIN-ABLE, NATURAL AND ORGANIC INGREDIENTS FROM MANY LO-CAL FARMS AND RANCHES, WHEN AVAILABLE